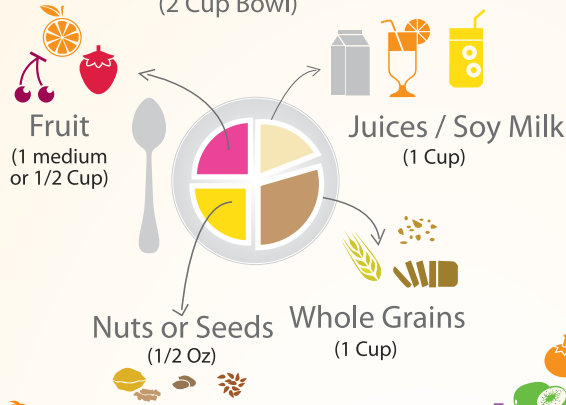


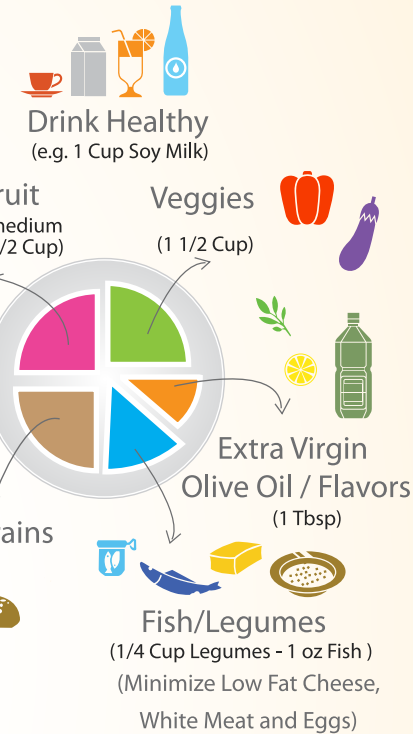
Breakfast

(2 Cup Bowl)



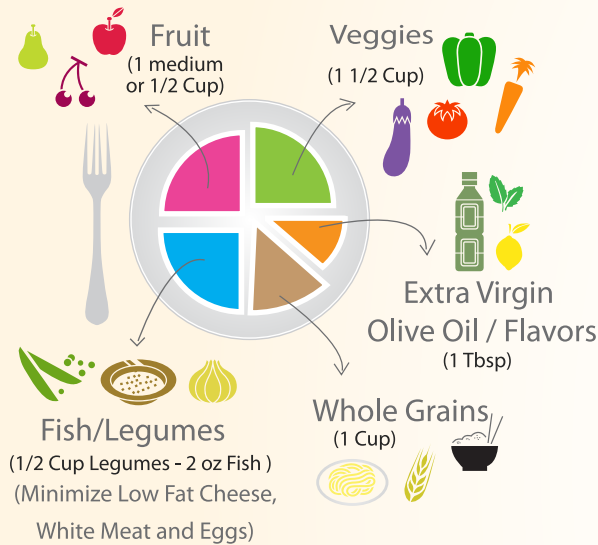
Lunch

(9 Inch Plate)



Dinner

(9 Inch Plate)

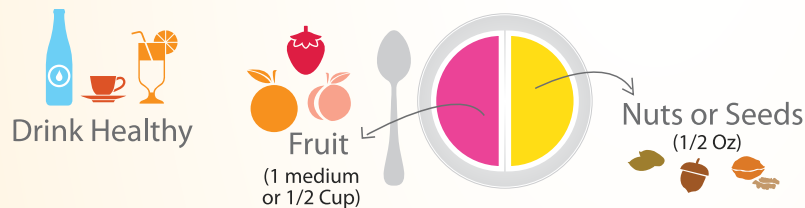


Drink Healthy
(e.g. 1 Cup Soy Milk)

Drink Healthy
(e.g. 1 Cup Soy Milk)



Snack



Drink Healthy

